

# What Do I Compost?



## FOOD ✓

- Fruit, vegetables and beans
- Meat and poultry\*
- Seafood and shellfish\*
- Bones\*
- Bread and bakery foods
- Grains, pasta and rice
- Cheese
- Fats, oils and salad dressing\*
- Tea bags and coffee grinds
- Eggshells

*\*Our compost piles are regulated to ensure proper decomposition of these materials. Addition of these materials to a backyard compost pile is discouraged.*

## SOILED PAPER PRODUCTS ✓

- Used napkins
- Soiled tissues
- Used paper towels
- Used paper plates
- Wooden stirrer sticks
- Plant-based packaging material

## NON-EDIBLE PLANTS ✓

- Flowers
- Floral trimmings
- Leaves
- Plants
- Potting soil

## NO PLASTICS ❌

Even if they are labeled as compostable or biodegradable, plastics do not belong in compost bins. If you use a plastic bag to collect food scraps, place the bag in the trash after emptying contents into the Compost bin.

## REMOVE PRODUCE STICKERS/LABELS ❌

Stickers placed on fruit and vegetables gum up and clog compost processing equipment. Remove them prior to composting.

Drop Off Household Compost at McEnroe Farm Market:  
5409 Route 22 Millerton, New York 12546  
Mon, Wed, Thu, & Sat | 9:00am - 6:00pm  
Fri, Sun | 9:00am - 7:00pm